



Unbound Roots

**Curated by
Alie Jones & Toshia Christal**

March 13 – April 21, 2020

Exhibition at SOMArts Cultural Center
934 Brannan Street | San Francisco, CA

Gallery Hours
Tuesday–Friday: 12–7pm & Saturday: 12–5pm
somarts.org/murphycadogan2016



ABOUT THE EXHIBITION

Unbound Roots

Exhibition Run

March 13 – April 21, 2019

ACCEPTANCE –

Opening Reception

Thursday, March 12, 6–9pm

PLEASURE PT 1/Anti-Social

Social Hour – Artist Talk +

Mixer

Thursday, April 2, 6–9pm

LIBERATION – Closing

Reception

Thursday, April 16, 6–9pm

Unbound Roots creates a journey of transcendence through acceptance, pleasure, and liberation. In relation to the sprouting, core strength and growth of a rooted tree, the curators of UnBound Roots provides a safe space that encourages individual awareness, generational healing and high vibratory engagements. This exhibit aims to shift the commodified conversations of self care and wellness within the Black body. We vow to embrace the power of all cycles; mental, physical, and spiritual as a number one priority.

Unbound Roots expands discussions around Black wellness, community, and self care. Empowering Black bodies to flourish and thrive, sharing wellness-oriented lifestyle practices as a means for thriving no longer merely surviving. We look forward to holding space for Black and brown bodies who have been conditioned to believe healing was not for them.

Unbound Roots explores limitless heights and embracing all possibilities. The art selected ranges from chakra healing, interactive installations, sculptures, sanctuaries for the mind, and body positive imagery. We plan to heal collectively through art. By pairing these elements with engaging community programs such as yoga, sound healing, engaging workshops, and cyphers. Through the lens of contemporary and modern art, *Unbound roots*: is a creative tool for tangible, healthy, and effective practices. Unbound Roots is a healing movement. Permission to be free, to be ourselves, to be unbound.

Learn more at somarts.org

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ABOUT THE CURATORS

Alie Jones

Alie Jones (Alexandria) is a self-care advocate, writer, artist, and Creole mermaid. She is the founder of Bodacious Bombshells, a wellness collective based in Oakland. Alie is passionate about promoting mental health awareness, body positivity, and engaging in new conversations through the arts. Alie graduated with a BA in Cinematic Arts and Technology from CSU Monterey Bay and a minor in Creative Writing and Social Action. She also received an MPA from the Middlebury Institute of International Studies with a concentration in nonprofit organizations. Her work on Black Mental Health and self-care has been featured on Afropunk, xoNecole, and Medium.com.

Toshia Christal

Toshia Christal born May 11, 1983 has been creating art since early childhood. An Oakland native and self-taught artist of many mediums, she is A Berkeley high school Graduate of the 2001 class.

Toshia is an entrepreneur vending at local events, providing cosmetology services to clients, teaching and exhibiting art as often as possible. Everything she “needed” to know she consumed during her high school years. This exposure to the basics and boredom with repetition were enough to manifest her own creative forces. She continues to quench her thirst for knowledge and new technique on the daily bases.

Experimenting with any material she can get her hands on, her art is often feminine, political, abstract or infused with vaginas. The artistic reflections in her life are particularly stimulated by the art of African traditions, spiritual visions, nature, lovers, anatomy, and her gratitude for the mind and body of a (womb)an.

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2AM

Aambr Newsome grew up in Sacramento, California where she first found her love of the Arts while working on decorations, art projects for school, and various other contraptions that were made from random objects found where ever she went.

Currently, she spends her time illustrating and writing an independent comic that is a social commentary on being a young working class woman of color living in an underground society, while pursuing her B.A. in Fine Arts. Many of her other artistic endeavors include muraling, sculpting, painting, printmaking, and 2-D layered dioramas.

While she gained most of her experience through school, painting in the community, and set design, she has also assisted in curating, preparing installations, and artistic event planning. Now, she lives in Oakland, California where she exhibits her work and continues her studies.

You can learn more about 2AM's work at cargocollective.com/2amisthetime/filter/2amart/About

ARTWORK

2AM aka Aambr Newsome

Mirror Work

Acrylic on Canvas

10' x 15'

2020

\$3,500

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AĪMA PAULE

Aima Paule is a multi disciplinary artist, more commonly known for her music Aima aka Aima the Dreamer has been performing as well as creating & hosting events for well over a decade such as, but not limited to, Soulovely in Oakland, CA.

Newer to the visual art platform, she is beginning to show another side of her creative expression through multimedia installations and set designs.

Aima is a QWOC and has lived in the Bay Area, California for 20 years. She continues to be inspired by the beauty and brilliance of the art, music, and activism that is fostered here. No stranger to collaboration she believes in the power of connection using art and music as a bridge between communities.

To learn more about Aima's work visit their FB & IG @aimathedreamer

ARTWORK

Altar States of Mind

Mixed media: Copper, Bamboo, Glass & Rose Quartz, Clear Quartz & 528 Hz Frequency (aka "The Love Frequency")

5' x 6' x 5'

2020

\$1,000

ALASKA JENKINS

Alaska Jenkins is an anonymous scientist trying to avoid both praise and ridicule thru anonymity and observation as both a character and creator within his comics.

ARTWORK

The Tree of Knowledge

Mixed media collage and paper mache

7'.5" x 1' x 5'

2020

\$1000

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ALIE JONES

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To learn more about Alie's work please visit their IG @alieecat21

ARTWORK

Floral Refractions

Mixed media installation

17" x 24" x 7"

2020

NFS

Installation, Video & Meditation by Alie Jones

Photography by Kimani Rose

Music by Tongo Eisen-Martin

Models:

Alie Jones, Duane Horton, Kimani Rose, Mimi Tempest, Raihana Haynes-Venerable

Additional artists:

Toni Morrison from FrequencyOfLove

Audre Lorde from ArtByKeeps

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BUSHMAMA AFRICA

Bushmama Africa – Oakland Native, Mother, Healer, Spirit Worker, Artist, Writer, Poet and workshop facilitator are just a few titles that have been given to this dynamic black woman. She has been the lead ceremonial opener for The African American Art and Culture Complex in San Francisco, Pan African Festival Oakland, Healing Clinic Collective, and the Museum of the African Diaspora. Exhibitor and Curator for the esteemed "The Black Woman is God" Movement. She is the most requested healer in the first ever "Black Joy Parade", Life Force Conference, Self Care for Black Women in Leadership Cohort with Compasspoint and The Healing for Black Lives Event. She has been the sacred space creator for Red Bay Coffee, The Matatu Festival, MoAD and The Saint Regis Hotel SF. As an artist, her work has been published in two books by Pochino Press; "Stop Hurting and Dance by Aquelia Lewis and "Reflections 2" by James Gayles. Her work has been featured in solo exhibitions at Flight Deck, Lakeview Oakland Library, The Living Room Project, Yoga Love Oakland, and SomArts Ramp Gallery. Group exhibitions at Omi Gallery, Omiroo Gallery, Oakland Terminal, Oakland Library, The Noodle Factory, Famous Five Colors Gallery, Women's Cancer Resource Center, SF Main Library, Sargent Johnson Gallery, Activism Alley Gallery, The People's Dispensary and SF Center for Sex and Culture.

To learn more about Bushmama's work please visit bushmama.com

ARTWORK

Afrosexual: The Visual

Installation

2020

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CORI NICOLE PILLOWS

Cori Nicole Pillows began her journey of making art with drawing and photography then evolved into a career in graphic design and web development. In 2014 Cori started off in a new path as a full-time working artist, painter and entrepreneur. Her company, The Core Creations was launched as a self-powered business selling her art depicting historical black portraits, revolutionary ARTivism and spiritually powerful illustrations of the beauty reflected in her community.

To learn more about Cori's work please visit

Thecorecreations.com social media handle: [thecorecreations](#)

ARTWORK

Tree Goddess Part II

Acrylic on Canvas

5' x 3'

2018

\$1500

Where We Come to Dream

Acrylic on canvas

4' x 2.5'

2019

\$2250

Prismatic Spirit Chile

Acrylic on Canvas

2.5' x 2.5'

2019

\$1625

Under the Chocolate moon

Acrylic on canvas

4' x 2.5'

2019

\$1850

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DAMON POWELL

Damon Powell is an Artist & Theologian who currently resides in Oakland, California. Damon received a Bachelor of Fine Arts from the Kansas City Art Institute, his Master of Divinity from Payne Theological Seminary, and a Doctor of Philosophy from the Graduate Theological Union (GTU). After obtaining his BFA, he began a career as a professional illustrator and free-lance artist. However, upon entering seminary Dr. Powell's theological studies helped him to understand that his visual artistry was an integral part of his vocation and ongoing spiritual practice.

Damon's time at the GTU helped him discover ways he could integrate his theological insights and creative artistry into a cohesive way of being which combines, theology, art, aesthetics, and his ongoing spiritual practice into an overarching vocational vision. Today, Damon's creations are based upon insights gained through his research of theological and philosophical texts, meditation practice, and spiritual concepts that he gives visual expression through the use of color, line, symbol, and prose.

Damon is the proud author of *When We Pray: 8 Meditations on the Aesthetics of Prayer & the Spiritual Life* which features both prose and illustrations.

To learn more about Damon's work please visit:
www.damonpowell.com, Twitter & IG: @dpartandtheo

ARTWORK

Chakra Series

Acrylic on Canvas

18" x 2" x 24"

2019

\$1,550 each

Gravity: The Manifestation of Form

Acrylic on Canvas

18" x 2" x 24"

2019

\$1,550

Polarity: The Balance of Desire

Acrylic on Canvas

18" x 2" x 24"

2019

\$1,550

Will: The Power of Integration, Acrylic on Canvas

18" x 2" x 24"

2019

\$1,550

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Love: The Harmony of Coherence
Acrylic on Canvas
18" x 2" x 24"
2019
\$1,550

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The Flowering of Truth, Acrylic on Canvas
18" x 2" x 24"
2019
\$1,550

Insight: Knowing the Light Within
Acrylic on Canvas
18" x 2" x 24"
2019
\$1,550

Flowering of the Cosmetic Consciousness
Acrylic on Canvas
18" x 2" x 24"
2019
\$1,550

Learn more at somarts.org

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DERRICK BELL

Derrick Bell is a visual artist and art educator. Originally from Cincinnati, Ohio, he received his B.A. in Studio Art from Morehouse College in Atlanta, Georgia and his M.A. in Art Education from Mount St. Joseph University in Cincinnati, Ohio.

He moved to Oakland, California five years ago to teach art and design. Since Derrick has been in the Bay, he's had the honor of exhibiting in multiple art shows in Oakland and San Francisco. Recently he traveled to Kimberley, South Africa to be a part of the ArtLit Exhibition at the William Humphrey Art Gallery. While in South Africa, he participated on an artist's panel for ArtLit at Sol Plaatje University and also spoke at Kimberley Boys' High School about his journey as an artist.

He currently works out of his studio in East Oakland. When asked how he describe his art, this is what he said, "I am interested in the study of human behavior; its psychological and emotional impact on society and how constructed conditions-Rules, Policies, and Uncontested Mindsets affect the human collective and individual consciousness, notably people of the African diaspora. My work seeks to question, explore, and expose experiences, causes, effects, and the transitory variables that shape us in our daily Conscious-Constructed and Imaginary life. I see myself as a social archivist or action researcher exploring the ironies of contemporary social and racial politics.

He believes his calling is much bigger than just creating art. He explains, "My role as an artist and art educator is bigger than providing basic knowledge. I am called to be a moving ambassador for the arts. I want to expose people, especially my students to as much as possible and to foster their belief in the possibility of the impossible.

To learn more about Derrick's work please visit derrickbellart.com

ARTWORK

War Lilies

Acrylics and gold leafs

7.5" x 7.5"

2020

\$10,000

LAMAR JAMES

Lamar James, credits himself with being a true Bay Area Guy. He lives and loves all thing Bay Area. His Art work has been inspired by his love of Africa, and African People.

To learn more about their work please visit their Instagram [@1libra_rising1](https://www.instagram.com/1libra_rising1)

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LAMAR JAMES
Sankofa Mi Amor
Photography
16" x 24"
2020
\$300

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KALIMA AMILAK

KaliMa Amilak is an Afro-Caribbean photographer native from Brooklyn, New York. They have exhibited artwork in various galleries New York and the San Francisco Bay Area, including BatHaus Gallery, SOMArts Cultural Center, The San Francisco Human Rights Commission and AFROPUNK. As Head Photographer for the artist collective Brooklyn Artistry and Company, KaliMa built a foundation of organizational and artistic skills that have allowed them to thrive as a small business owner. Their studio and business, KaliMa Amilak Photography based in Oakland, CA, focuses on producing impactful photography for a wide array individuals and organizations. While their main focus is the celebration of black women and black people through self empowerment and liberation, KaliMa is a versatile photographer with experience in live action performance art, sports photography, portraiture and editorial photography.

To learn more about KaliMa's work please visit:
www.kalimaphoto.com & [@kalimaamilak](https://twitter.com/kalimaamilak)

ARTWORK

TEMPLE

Mixed Media Installation

2020

NFS

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KYLE MALANDA

Kyle Malanda (b. 1994) is a Malawian visual artist whose work, primarily through photography and fashion design, explores the intersections of sexual identity, mental health, tribalism, and generational trauma in an increasingly globalised digital world. Using her multi-cultural and transcontinental experiences as a queer Black woman, kyle's work is an autobiographical reflection of both society and the self.

You can learn more about Kyle's work at kylemalanda.com
@kwamalanda on IG, @kylemalanda on Twitter

ARTWORK

Such Brutal Fruit

Photography

24" x 36"

2020

\$1000

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KRISTINE MAYS

Formed from hundreds of individual pieces of wire, Kristine Mays has developed a way of expressing the human form through wire.

"As an artist I am very aware of the impermanence of life. With metal wire I have timelessly captured a fleeting moment that I hope will last for decades. My artwork points to the soul and spirit, transporting the viewer into another place. It's about reconnecting to a deeper purpose -- the soul and spirit of our lives. I transform hard rigid wire into soft flowing movement. I create the outer shell, the exterior of a human being, but provoke you to see what's within. Memories and the way we have loved one another far outweigh our status or possessions -- and yet sometimes a simple dress or a body in motion may trigger a memory from the past, allowing us to visit that which has imprinted our lives." - Kristine Mays

To learn more about Kristine's work please Email kristine@kristinemays.com & visit her IG [@kristinemays](https://www.instagram.com/kristinemays)

ARTWORK

Get Free

Wire

28" x 26" x 13"

2020

\$1,500

Untitled

Wire

30" x 30" x 25"

2018

NFS

Self Love

Wire

72" x 24" x 12"

2018

\$5,500

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MARNIKA SHELTON

Marnika Shelton, AKA Nika Cherrelle, is an engaging, vibrant, creative artist, educator and activist with over 25 years of experience in the Fine Arts. Classically trained in sculpture and specializing in figurative ceramics and portraiture, Marnika uses the visual arts as a platform to drive home complex, layered and controversial narratives. Her works are designed to engage the viewer in conversations that challenge socially and culturally normative viewpoints around race, gender, sexuality, class and religion. Taking on topics such as indoctrination and historical prejudice by recreating stories from unexplored angles to expose longstanding impacts on society. Views of masculinity, prejudice, violence, shame, sexuality and how fear creates difference are all within the scope of her work.

Marnika enjoys speaking in communities, classrooms and institutions about Art, Sexuality and Politics. Her work exists to empower and inspire people across all cultural backgrounds. By breaking down taboo, She aims to create a world where all people feel loved, honored and respected.

Marnika Shelton is the Founder and operator of Nika Cherrelle's LLC. Nika Cherrelle's LLC is a hybrid organization that designs and distributes unique, artisan quality, adult novelties and sex toys.

Nika Cherrelle's LLC also has a community outreach podcast and we are launching our 2020 event series.

"Our mission is to empower and inspire everyone to enjoy their sexuality and their sex lives; by creating a world where people are educated, empowered to live at choice and consent is the framework for human interaction."

To learn more about Marnika's work please visit www.MarnikaShelton.com & [@NikaCherrelle](https://www.instagram.com/NikaCherrelle)

ARTWORK

Vagina series - Las Hermanas

Mixed Media

11" x 14"

2017

\$500

Vagina series - Dance

Mixed Media

11" x 14" x 2

2019

\$500

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Gun Series

Gun Series - Cocked I

Ceramics

7" x 5.5" x 1"

2008

NFS

Gun Series - Loaded

Ceramics

6" x 5.5" x 2.5"

2008

NFS

Gun Series - Flaccid Revolver

Ceramics

4" x 3" x 3.5"

2008

NFS

Gun Series - Revolver

Ceramics

4" x 3" x 3.5"

2008

NFS

Gun Series - Nikita

Prototype

8.5" x 5.5" x 1.5"

2015

NFS

Untitled

Ceramics

9" x 9" (framed)

2012

\$300

Bend

Graphite On Paper

8" x 6"

2018

\$200

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OLKA FORSTER

Olka Baldeh is from The Gambia, West Africa. Her experiences as Black, Refugee, Queer, Advocate, and Storyteller have compelled Olka to be concerned with liberation. Her creation, the Black Moon Podcast, holds space for deeper understanding, conversation, and reckoning around Black death.

To learn more about Olka's work please visit blackmoonpod.com & [@blackmoonpodcast](https://twitter.com/blackmoonpodcast)

ARTWORK

Honoring the Black Dead

Hanging laminated photos and fishing line

68" x 9"

2019

NFS

TIFFANY BANKS

Tiffany Banks aka The Poetic Pharaoh is a Poet, Writer, Event Curator, Mistress of Ceremonies (MC), Motivational Speaker, and Healing Arts Worker from Vallejo, CA. Banks organizes and hosts a Bay Area spoken-word open mic, Speak on It and musical showcase, Art Temple. She also facilitates various workshops, which guide individuals to discover their creative voice, explore their abilities to formulate prose from suppressed subconscious communication and cultivate their communities. Through motherhood, writing, and poetry, Banks discovered esoteric ways to heal inner wounds and manifest material results by way of divination, herbs, water therapy, dream analysis, and many other spiritual techniques, which she guides and teaches individuals to do themselves. You will see the thread of spirituality, poetry, and art throughout her various avenues of work.

To learn more about Tiffany's work please visit tiffanybankswork.com & [@the_poetic_pharaoh](https://twitter.com/the_poetic_pharaoh)

ARTWORK

Dark Water Portal

Mixed media installation

9' x 5'

2019

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RHA BOWDEN

Rha Bowden, aka Eye Manifest, is a Boston native who has been living in Oakland for the last 15 years. Rha's earliest experience as an artist occurred when he was 5 years old. His father saw a coloring contest sponsored by the Boston Aquarium in the Sunday paper. Armed with a new 50 count box of Crayola crayons and a dope imagination, little Rha filled the entire coloring page with vibrant colors and added unique decorations onto the multitude of sea creatures. When he arrived at the aquarium he was stunned to hear that they would not accept his entry because they refused to believe that a 5 yr old was capable of such skill.

Rha's considers himself a jack of all trades and master of none. His creativity manifests in visual art, poetry, beat making, wire wrapped jewelry, graphic design, orgonite, crafting spiritual tools and other crafty endeavors. His art is influenced by metaphysics, spirituality, sacred geometry, comic book art, graffiti and hip hop culture. Rha's work frequently inspires others to tap into their creativity and spirituality. Many of his pieces have been placed in home altars and sacred spaces.

To learn more about their work please visit their IG:
[@Eyemanifest](https://www.instagram.com/Eyemanifest)

KENEDA GIBSON

Keneda Gibson is an abstract artist and healer, raised and rooted in Oakland Ca. Her work is heart-centered and bold, reflecting subconscious fluidity. She uses lines and forms that dance with color and texture to tell a visual story that takes the viewer on an imaginative journey through her mind and perspective. Keneda's purpose for creating art is simply for the visual FEELING experience.

ARTWORK

Keneda Gibson and Rha Bowden

Metatron's Cube

Acrylic, mixed media

7" x 7"

2020

NFS

shah noor hussein

shah noor hussein is a writer, educator and multimedia artist, currently studying as a Cota Robles Fellow at UC Santa Cruz's Cultural Anthropology doctoral program. shah's current project, Black GRRRL Rising, aims to (re)center marginalized voices in dialogues on alternative epistemologies and cultural reproduction through a multimedia study of "Girls Music" in their home country, Sudan. shah noor serves the community as an adjunct professor at Laney College and UC Berkeley, as well as a scholar-writer-artist focusing on the intersections of black feminism, diaspora, and visual studies.

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Gallery Hours

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somarts.org/murphycadogan2016



Unbound Roots

Exhibition Run

March 13 – April 21, 2019

ACCEPTANCE –

Opening Reception

Thursday, March 12, 6–9pm

PLEASURE PT 1/Anti-Social

Social Hour – Artist Talk +

Mixer

Thursday, April 2, 6–9pm

LIBERATION – Closing

Reception

Thursday, April 16, 6–9pm

Learn more at somarts.org

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To learn more about shah's work please visit shahnoorhussein.com & [@shah_noor](https://twitter.com/shah_noor)

ARTWORK

ELEMENTS I: Spiritual Family

Archival Ink print 35mm film

16" x 20"

2018

\$555

BLACK GRRRL RISING: Akhuan Sundani

Archival Ink Print 35 mm film

16" x 20"

2018

\$555

SHANI EALEY

Shani Ealey is a writer, visual artist, spirit chaser, and empath living in Oakland, CA, by way of Stockton, CA. Shani feels best when building authentic, supportive, and loving relationships within the Black community and queer and trans communities. For the last 7 years, they've been doing the communications support for organizations working toward social and racial justice. And while learning immensely from peers, mentors, and supervisors over the years, the structure and interpersonal dynamics within the traditional 9-5 office job just didn't fit with Shani's spirit. It was this realization that led to the birth of a rhythm centered on intentional spirit-led artmaking.

It started in 2015. After quitting a particularly toxic racial justice org, Shani started drawing and painting everyday with no experience. AniKweens is what Shani calls them and they celebrated the beauty and wonder of the divine feminine. And for the first time Shani began intentionally diminishing the value they placed on the external and began to listen within. Shani started making zines (What the Spirit Says) which spill out the levels upon levels of anti-Blackness, co-optation and misuse of Black women's and queer and trans' work, rampant colorism, and tokenism that is present within social and racial justice organizations.

The process of artmaking, creating, making the intangible tangible has been one of the most healing and nourishing practices in Shani's life. The belief that through art, through creating we have an opportunity to connect with our highest and truest selves. Through artmaking, we have the ability to reach down into the depths of who we are and affirm, heal, nourish, feed, witness, love and hold the parts of ourselves that need the most tending.

To learn more about Shani's work please visit shanirealey.com & [@ani_kweens](https://twitter.com/ani_kweens)



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ARTWORK

left to right, top to bottom

Seeds of Yemayà – Yemayà

Acrylic

16" x 24"

2019

NFS

Seeds of Yemayà – Eleggua

Acrylic

16" x 24"

2019

NFS

Seeds of Yemayà – Olokun

Acrylic

16" x 24"

2019

NFS

Seeds of Yemayà – Oshún

Acrylic

16" x 24"

2020

NFS

Seeds of Yemayà – Nana Buruka

Acrylic

16" x 24"

2020

NFS

Seeds of Yemayà – Ajé Shaluga

Acrylic

16" x 24"

2020

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Toshia Christal

Toshia Christal born May 11, 1983 has been creating art since early childhood. An Oakland native and self-taught artist of many mediums, she is A Berkeley high school Graduate of the 2001 class.

Toshia is an entrepreneur vending at local events, providing cosmetology services to clients, teaching and exhibiting art as often as possible. Everything she “needed” to know she consumed during her high school years. This exposure to the basics and boredom with repetition were enough to manifest her own creative forces. She continues to quench her thirst for knowledge and new technique on the daily bases.

Experimenting with any material she can get her hands on, her art is often feminine, political, abstract or infused with vaginas. The artistic reflections in her life are particularly stimulated by the art of African traditions, spiritual visions, nature, lovers, anatomy, and her gratitude for the mind and body of a (womb)an.

To learn more about Toshia’s work please visit tchristal.com

ARTWORK

Collective Awareness Base to Crown: A Chakra Teaching

Mixed media

3' x 5'

2020

\$1,500 each

Toshia Christal and Alie Jones

The Pleasure of Giving

Installation

2020

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TIFFANY CONWAY

Tiffany was born in Long Beach California but after her mother succumbed to a drug addiction that broke up the family, her father and stepmother decided to raise her in the Bay Area, which she has resided most of her life. Tiffany's art career has been that of an outsider of sorts. She's been in and out of art school for most of her twenties but her 30th year and her latest stint in college is when it all started to click. She started a drawing image every day for 30 days. She used her creative playlist as a mechanism to respond to and when it was all said and done Project Get Free the Coloring Book for Navigating the Diaspora was born in 2016. The coloring book was a response to song lyrics which transformed into what she calls a "visual journal" of all the emotions she could not express in words. This was the beginning of her art career. From there, she has been painting nonstop and participated in several group shows including Open Studios and The Life is Living Annual Art Exhibition. She is still learning herself as an artist and finding her voice. But when she creates art she's having a conversation with "self". Her vision and purpose art an artist is to heal the women who continue to inspire her by making them feel seen, heard, soft and resilient. That's black women.

To learn more about Tiffany's work please visit projectgetfree.com & [@projectgetfree](https://www.instagram.com/projectgetfree)

ARTWORK

The Two Tiffanys

Oil paint and canvas

36" x 48"

2019

NFS

Sit in it

Mixed media installation

60" x 72"

2020

NFS

Self Portrait

Mixed media

36" x 48"

2020

NFS

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ABOUT SOMARTS

SOMArts Cultural Center, founded in 1979, cultivates access to the arts within the Bay Area by collaborating with community-focused artists and organizations. Together, we engage the power of the arts to provoke just and fair inclusion, cultural respect and civic participation.

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NEED DATE

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NEED DATE

SOMArts plays a vital role in the arts ecosystem by helping activate the arts citywide. We do this by providing space and production support for non-profit events, as well as fairs and festivals throughout the Bay Area, and offering a robust program of art exhibitions, classes, events and performances that are affordable and accessible to all. SOMArts' exhibition programs receive critical support from the San Francisco Arts Commission and The San Francisco Foundation, and are sponsored in part by a grant from Grants for the Arts.

SOMArts is located at 934 Brannan Street—between 8th and 9th—within 2 blocks of 101, I-80, Muni lines and bike paths. For public information call 415-863-1414 or visit somarts.org. Stay connected by following us on Twitter, Instagram and Facebook.

Learn more at somarts.org

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